



Seeing Hands Nepal



Reasons Why

- Blind people in Nepal face a desperate future - entirely dependent on others with limited or no opportunities for education or work.
- Society marginalizes and neglects them because of traditional beliefs that blindness is a curse or penance for sins in a previous life. Some people even think blindness is contagious.
- In other countries in Asia, blind people have worked as masseurs for centuries, but the profession has never been established in Nepal.
- Blind people are particularly suited to becoming masseurs because they often have heightened senses of perception and touch.
- There is a strong demand for professional massage services in tourist areas, where popular Himalayan trekking routes start and finish.
- Seeing blind people successfully earning a living may actually help to change attitudes in Nepal and dispel common misconceptions about the blind and their capabilities.



“All donations are gratefully received as we work to make this dream a reality for the blind people of Nepal”

Rob & Sue Ainley
Founding Members

Please make cheques payable to;
SHN Ltd or Seeing Hands Nepal and post to;
8 Nelson Road, Ilkley, West Yorks, LS29 8HN, UK

Donate online: visit www.seeinghandsnepal.org

More information; info@seeinghandsnepal.org

With Support From;



नेपाल नेत्रहीन संघ
Nepal Association of the Blind(NAB)

Seeing Hands Nepal

Over 600,000 people are estimated to be blind or partially sighted in Nepal.

They face a desperate future, entirely dependent upon others with no opportunities for education or work.



Seeing Hands Nepal was set up in 2005 to provide new training and employment opportunities for young blind Nepalis as masseurs.

As a UK Registered Charity [No. 1120429] it is linked to grass-roots NGO the Nepal Association of the Blind and run entirely by volunteers.

