

Government-backed Regulation

The Complementary and Natural Healthcare Council (CNHC) is the UK regulator for complementary healthcare practitioners.

The Department of Health in November 2009 stated: "CNHC is the only voluntary regulatory body for complementary healthcare which has official government backing. No other organisation has the same exacting criteria or focus on safety and quality."

CNHC Registration:

The ISRM has been approved by the CNHC to verify applications for registration and encourages its members to register in order to gain the quality mark. We offer a discounted registration fee to members who register through us. All members who trained through one of our validated/accredited schools will automatically be eligible to register with the CNHC.

To find out more about the CNHC go to:
www.cnhc.org.uk



Validated Schools

Central London & Southampton

www.lssm.com



London (bridging & CPD only)

www.bluechipmassage.co.uk



Loughborough

www.activetherapyschool.co.uk



Oxford

www.ossm.co.uk



Exmouth

www.message-clinic.co.uk



Bangor - North Wales

Find an ISRM therapist in your area

And for more information see:
www.theism.com



The Institute of Sport & Remedial Massage

Aims & Objectives

ISRM represents therapists who employ a range of assessment and remedial techniques to effectively treat a variety of soft tissue conditions. They work with athletes and non-athletes, independently or with other health care professionals.

The ISRM aims to unite independent schools under a single, externally validated Sport & Remedial Massage qualification, thus ensuring quality of training.

General

We maintain an online register of therapists, available to the general public.

We promote and develop work opportunities with other sport and medical bodies and negotiate the lowest rates, with the best cover, for Professional Indemnity Insurance for our members. We also aim to obtain discounts for other products and services.

Longer Term Goals

To monitor the legislative developments in complementary medicine, education and training, and keep members informed of these developments and the actions ISRM may consider taking.

The Institute will promote the complementary role of Remedial Massage with the aim of developing a referral system between professions, for the greater good of all our clients.

Information for therapists
and patients



www.theism.com



ISRM Education...

The ISRM qualification in Clinical Sport & Remedial Massage has evolved over 20 years to best meet the needs of the client and it has become the benchmark for quality training in the UK. It has been developed by working therapists who really understand what it takes to provide the highest level of Sport & Remedial massage therapy and build a successful practice.

Validation

The ISRM qualification is externally validated by Edexcel/BTEC at Level 5 which is the highest available in the UK. It is recognised nationally and in many other countries too.

Validated Schools

The qualification operates through a small number of validated schools with whom the ISRM work very closely to ensure that high standards are achieved and improved on. We believe that it is not what you teach, but how you teach it that makes the difference. So it is very important that our tutors are also working therapists with proven clinical success.



What is Sport & Remedial Massage?

The ISRM qualification centres around "Remedial" massage therapy, which simply means to try to "remedy" a musculoskeletal problem. To achieve this it covers a range of massage and advanced soft tissue techniques set within a framework of assessment and rehabilitation. Sports massage is included as a specialist area within Remedial massage therapy, applying all the same techniques and principles in a way that best meet the specific needs of the athlete.

Length of Training

It takes considerable time to properly develop the practical skills of massage and advanced soft tissue techniques. For this reason the ISRM/BTEC Diploma course is spread over at least 9 months to give students time to practice away from the classroom. The Institute does not support short intensive training courses.



Professional Association

ISRM represents its therapist members and works to protect and support their professional interests. It sits on the Sport and Remedial Therapies Council SRTC which is recognised by the Complementary and Natural Healthcare Council (CNHC) as the lead body in this sector. CNHC is the new government-backed regulatory body for the industry and ISRM full members are eligible to become registered with them.



Members also get:

- Clients through the "Find a Therapist" website directory
- Job adverts posted on the member's online notice board.
- Work at sports events like the London Marathon.
- Newsletters
- Email updates and information
- Forums and conferences



Continued Professional Development

All ISRM therapists must acquire Continuing Professional Development Hours (CPDH) within each year before renewing their membership.

Purpose of CPD

To reinforce the need for lifelong learning in order to stay current with changing techniques, procedures, processes, and established standards.

ISRM Bridging Programme

A shorter bridging programme leading to the ISRM BTEC level 5 qualification is available to existing massage therapists with at least two year's clinical experience as well as doctors, Osteopaths, and physiotherapists.

