



Seeing Hands Nepal

Teaching massage skills to blind & partially sighted people in Nepal
registered charity (No:1120429)



Please donate AND MAKE A DIFFERENCE



"Blind people in Nepal need vocational opportunities that economically empower them and enable them to generate their own income and lead dignified, independent lives. For this to happen the promotion of new professions for the blind, such as Sports Massage, is essential" - Sue & Rob Ainsley Charity founders



By donating you will help Paul Martin of Restore Sports Massage to travel to Nepal to continue training our students. By donating direct to Seeing Hands or sponsoring a student you will help to sustain their day to day lives in the clinic including the provision of learning and working equipment and the training wage that every student is payed. Either way your contributions make a very direct and positive difference.

Please contact Paul on 07517 431223

or visit www.restoresportsmassage.co.uk and
www.seeinghandsnepal.org for more information.



RESTORE SportsMassage.co.uk

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Registered practitioner with the:
Institute of Sport & Remedial Massage
Complementary & Natural Healthcare Council